





Enhancing your fall garden beds



Ornamental cabbage is popular to brighten your garden this fall.

Ornamental cabbage and kale have become extremely popular fall annual crops for color enhancers in the landscape.

The colorful foliage tends to last a long time and will often remain colorful until temperatures reach 15 degrees Fahren-

They are often great complements with other fall annual plants such plants come in reds, pinks, and white cultivars.

These ornamental vegetables also can provide yellow flowers in the spring to add additional color.

and Swiss chard also provide fall and winter color to landscapes.

Red mustard produces large leaves and can reach a height of three feet.

Pak-choi, a mustard- concerned with are cater-



spinach type crop has fleshy dark-green leaves with white petioles.

as chrysanthemums and of the beet with colorful Red', 'Frizzy Pink', 'Snow pansies. These colorful leaves and a stalk that can reach 12-18 inches tall.

> These colorful plants should be planted in soils with a pH of 5.8-6.2.

October temperatures are ideal for planting and rains are adequate after Ornamental mustards initial planting. A standard complete fertilizer such as 10-10-10 can be used once a month or you can use a tension Office at 919-496water-soluble complete fertilizer once a week.

pillars, aphids, and flea beetles. Diseases to look out for would be alternaria leaf spot, black rot, downy mildew and stem rot.

Popular cultivars of ornamental cabbage include: 'Osaka Pink', 'Osaka Red', 'Osaka White', 'Rose Bouquet', 'Pigeon Red', and 'Pigeon White'.

Popular cultivars of ornamental kale include: Swiss chard is a relative 'Coral Prince', 'Frizzy Prince', 'Nagoya Rose' 'Chidori White' and 'Sparrow Red'.

One of the most colorful Swiss chards is 'Bright Lights.'

For more information about gardening and planting fall annual beds, contact your local Franklin County Cooperative Ex-

You can also visit the Pests that you should be website at franklin.ces.ncsu.

FOR ALL YOUR

Tips for winterizing exterior living areas

season draws to a close, homeowners need to ensure their outdoor living areas can handle weather that's right around the corner. Although outdoor furniture and other items tend to be durable, the impact snow, wind and ice can have on them may lead to damage over time. That is why many homeowners take steps to winterize their outdoor spaces and protect their belongings. Here's a look at how to prepare for the winter to come.

• Furniture: Cover or store furniture to protect it from the elements. Covering it with weather-proof covers can be adequate if storing items indoors is not possible.

• Deep clean: Items that will be covered or stored should be thoroughly cleaned prior to being removed from spaces for the season. Lingering dirt and moisture can cause damage.

• Insulate and drain: Don't risk damage to pipes, which can freeze and crack in the cold. Shut off the water supply to exterior faucets and drain water lines to prevent pipes from freezing and bursting. Use foam pipe insulation to prevent freezing and cover any exposed pipes.

• Apply mulch: After cleaning up garden debris, think about applying mulch to garden beds and cover ten-

When the summer entertaining der plants to protect them from the

• Check gutters: Be sure that gutters and downspouts are clear of leaves and any additional debris. If gutters and downspouts are not cleaned, ice dams may form on the roof and cause water damage.

• Inspect and repair: Inspect walkways and driveways for any damage and make repairs now so water will not seep in and cause further issues with freeze-thaw cycles. Consider applying a sealant to protect surfaces from snow and ice.

• Pools and spas: It's essential to follow the industry or manufacturer recommendations for closing down swimming pools and spas for the season. While covers may not be essential in all climates, covering can help prevent leaves and other debris from getting in the water. Water should be expelled from pipes and tubing to prevent freezing and bursting. If space allows, consider moving the pool pump indoors to prolong its longevity. Turn off the electricity to the outlet where the filter is plugged

There may be additional, regionspecific steps to winterize a property, but these pointers are a good starting point to protect outdoor spaces.



BE PREPARED. Many homeowners take steps to winterize their outdoor spaces and protect their belongings.



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Hey, what's that web in my tree?

You have probably noticed masses of webbing on the ends of tree branches in your yard, your neighbor's yard or along the roadsides?

They are the work of the fall webworm, a species of caterpillar native to our region. Fall webworm outbreaks occur every year in our area and are most noticeable in late summer and From?

The good news is Fall webworms rarely cause serious damage, however they have been noted to be unsightly.



Tent-Caterpillars

Charles Mitchell Franklin County Cooperative Extension Director

Where Do They Come

Fall webworms are native to much of North America and are one of the few insect pests that have been introduced from our continent to other parts of the world.

The caterpillars that are currently feeding on trees in our area hatched from eggs laid by adult fall webworm moths, which are snow white and approximately 1½ inches long.

These caterpillars will feed for four to six weeks, then leave the host tree to spin a cocoon in which they will spend the winter.

Next spring adult moths will emerge from these co-

coons and mate, after which crawl out of the nest, and the females will lay eggs, beginning the cycle all over

Fall webworms are sometimes confused with Eastern tent caterpillars, which only occur in the spring and are most common on wild cherry trees.

Eastern tent caterpillars form their webs near the trunk of a tree, usually where a branch meets the

Fall webworm webs are formed at the ends of branches and do not appear until mid-summer.

Fall webworms are also sometimes incorrectly referred to as bagworms, a species of caterpillar that feeds on cedars, arborvitae and other conifers.

Bagworms do not make large masses of webbing. Instead, each caterpillar spins its own sack of webbing and plant leaves, in which it hides while feed-

What Do They Eat?

Fall webworms have one of the widest host ranges of any insect and are capable of feeding on just about any deciduous tree species.

When small, fall webworms only eat the leaf surface, causing the remaining part of the leaf to turn brown. The mass of webbing spun by fall webworms is known as a nest.

Each nest can contain hundreds of webworms. The webworm caterpillars within a nest all hatched from the same mass of eggs laid by a female fall webworm moth. The caterpillars feed together for several weeks, expanding the web as needed.

Nests can expand to three feet across or more. Fall webworms feed within their nest until they reach full size, at which time they

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usually away from the tree, to form a cocoon. Caterpillars from one nest will not crawl to other trees to form new nests.

Will They Hurt or Kill My

As mentioned before, the webbing and debris created by fall webworms looks unsightly, their feeding activity rarely causes serious injury to trees.

Webworms only damage tree leaves and do not kill the branches upon which their nests form.

These branches grow new leaves next year so there is no need to cut branches out of a tree to remove the nests. Nests will naturally weather away during winter months.

Established trees can tolerate losing a considerable amount of foliage, particularly in late summer and

The injury caused by fall webworm feeding is considered cosmetic, only affecting the appearance of the tree, not the tree's health.

recently planted trees, which can be completely defoliated by webworms.

In this situation it is usuphysically remove web- numbers. worms before significant leaf loss occurs.

What Can Be Done? Fall webworms have

many natural enemies, in-



Web worms nest in a tree

The exception is young, cluding spiders, birds, and does not prevent future parasitic insects.

Pulling webs open with a stick or long pole exposes the caterpillars to predators ally beneficial to treat or and will help reduce their

> You can use caterpillar controlling insecticides containing carbaryl or Bacillus thuringiensis.

Removing empty nests franklin.ces.ncsu.edu.

outbreaks because this insect overwinters in a cocoon in the soil, not in the webbing.

For more information about gardening, contact the local Franklin County Cooperative Extension Office at 919-496-3344. You can also visit the website at



Bag worms

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What is on your fertilizer bag?

When you look at a bag of fertilizer, you will see three numbers. This is called the fertilizer's "analysis" and represents the percentage of nitrogen, phosphorus and potassium that is available from the bag of fertilizer.

(Technically, it represents the percentage of N, P2O2 and K2O that is available, but for our purposes, nitrogen, phosphorus and potassium will do.)

Nitrogen is a principal plant nutrient, and is important in production and maintenance of the color and foliage of plants.

Phosphorus promotes root growth in plants and potassium promotes flowering and fruiting.

Using the fertilizer "5-10-5" as an example, the bag with this analysis will contain 5% nitrogen, 10% phosphorus and 5% potassium.

Now, you're probably thinking that 5 plus 10 plus 5 only adds to 20%, what's in the other 80% of the bag. Depending on the brand of fertilizer, the rest of the bag may contain some minor nutrients and filler material.

The filler material allows us to apply the nutrients evenly across the area we want to fertilize.

Without the filler material, we would over apply nutrients in some parts of

The filler material allows for a uniform application of the nutrients.

the area and under apply in others.

Understanding the fertilizer analysis is essential in purchasing and applying the

right kind of fertilizer. Your choice of fertilizer should be based on the type of plants you are growing and the results from your soil test re-

port. If you have never taken a soil sample, it is strongly recommend that you do so. If you have taken soil samples and have questions about your recommendations, your local Cooperative Extension Office

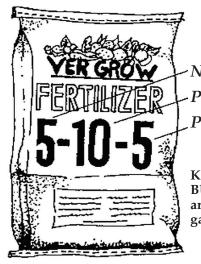
can assist you with your questions. You can pick up information on how to properly take a soil sample, and the materials needed in collecting your samples from your local Cooperative Extension office.

The Franklin County Cooperative Extension office is located at 103 South Bickett Boulevard Louisburg, NC 27549 or you can call (919) 496-3344

You can also visit the website franklin. ces.ncsu.edu for more information.

The next time you apply fertilizer, what numbers will be on your bag?





·Nitrogen (N) Phosphate (P2O3) Potash (K2O)

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Home renovation on a budget

Renovations around the honest about whether you to cut costs. considerable amounts of 2024 U.S. Houzz & Home Study show that home renovations are becommedian renovation spending for homeowners has 2020. Angi, a home services website, reports the average renovation cost for homes between 1,250 and 1,600 square feet is \$51,772, but the final cost of home renovations depends on the scope of the

Homeowners who are conserving funds can rest assured that it is possible to make meaningful changes both inside and outside a home without a home on a budget.

 Create a budget and don't waver. Figure out exactly what you can afthen make that your maxi-

house require an invest- can afford the renovation • Check clearance and underway.

gone up 60 percent since floor plan. This Old House utilizing space. For exthe kitchen. Moving furniture around or rethinking lower costs.

but only if you are confiand having to redo things, not mandatory. mum dollars spent. Re- hire well-vetted profes-

ment of time and often as-is or if you must adapt resale stores. Shop disideas to fit your price. count stores for building money. Findings from the Make sure to build in a materials to save money. cushion of around 15 to For example, if a builder 20 percent for any unfore- ordered too many cabiseen expenses that may nets they may offer them ing more expensive. The arise once a renovation is to Habitat for Humanity ReStores, which are non-• Maximize an existing profit home improvement stores and donation censuggests looking for ways ters. Checking the clearto maximize your current ance and markdown seclayout before you invest tions of other stores may in major renovations like yield considerable savan expansion. Bring in a ings on items needed for designer with an eye for a renovation. Warehouse retailers like Costco or ample, see how you might Sam's Club also can be be able to replace shelves great places to find certain with pull-out drawers in home improvement materials and furnishings.

 Take advantage of free floor plans also can help to services. Certain stores may offer things like free • Balance DIY with hir- consultations with designbreaking the bank. Here ing contractors. You can ers who can show you are some ways to renovate save money by tackling what a renovation can some projects yourself, look like. This is advantageous to the stores because dent in your renovation once you see the potential skills. Rather than risk you're more likely to buy ford for a renovation and making costly mistakes the products, even if it's

 Resurface instead of search comparable proj- sionals but ask if there's redo. Certain items can ects in your area and be any DIY work you can do be made to look new with home renovations on a



SAVE MONEY BY PLANNING AHEAD. Take the time plan carefully when beginning a home renovation project.

that can transform walls and more. A good hardwood flooring company can buff out a floor and put a new coating instead of an entirely new floor. Kitchen cabinets can be resurfaced instead of replaced as well.

Finding ways to perform

minimal effort. Paint is a budget may require some possible to get results at relatively inexpensive tool creative thinking, but it's the right price point.



Home interior trends on the rise



WHAI'S IKENDING! Homeowners can consider these notable trends, which the online renovation experts at Houzz suggest will be particularly popular in the year ahead.

Trends that seem ubiquitous one day can seemingly vanish before the sun rises again just 24 hours later. That's especially true in the digital age, when overnight celebrities and viral videos can be on the tips of everyone's tongue before being forgotten entirely when the next online sensation emerges in an increasingly rapid news cycle.

Home trends typically benefit from a longer shelf life than viral videos and other fads that originate on the internet, and that's something renovationhomeowners minded should consider when improving their homes. Homeowners preparing to do just that can consider these notable trends, which the online renovation experts at Houzz suggest will be particularly popular in the year ahead.

Rounded furnishings: Houzz noted that gentle curves and rounded edges embody the organic modern styles that many current homeowners love. Rounded dining tables and similarly circular coffee tables may merit consideration among homeowners who want to embrace popular trends.

• Arches: Houzz cites

arches among the more **Your Community**. Your Newspaper. The Franklin Times Tranklin Times 15 **SUBSCRIBE** TODAY! 919-496-6503

part of the appeal of ward arches. arched doorways could be their deviation from a touch of history home-

popular modern trends, a more traditional door and the experts at Better shape. That uniqueness Homes & Gardens note draws the attention of resthis unique, eye-catching idents and visitors alike. style has been gaining and Houzz notes that popularity for several arched windows, cabinets years. Better Homes & and even millwork details Gardens suggests that are part of the pivot to-

• Stove alcoves: If it's

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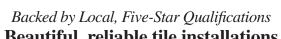
owners want, kitchen range alcoves might be just the project for them. Range alcoves call an earlier time to mind when wood burning stoves were commonplace. The report from Houzz notes range alcoves immediately draw attention, which undoubtedly adds to their appeal.

• Wood for warmth: Homeowners who hear "wood and warmth" might think fireplaces, but Houzz reports that wood elements are being incorporated into interior designs as a means to giving homes a more cozy vibe. Ceiling beams, trim, wall paneling, and cabinetry are utilizing wood to add warmth to a home.

Trends come and go, but home trends typically have more staying power than styles that emerge in other arenas. Homeowners who want to upgrade their home interiors can consider the latest trends and choose those that align with their own personal tastes.









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Pumpkins - a great fall tradition



With a chill in the air, leaves beginning to turn color, and the days shortening, Fall is certainly upon us!

What better representation of the season's arrival than a classic pumpkin? Edible, experiential, and decorative, pumpkins are surely a fall staple that bring us together for memories that last.

Some of my favorite fall memories growing up include going on hay rides while visiting pumpkin patches, carving jack-olanterns with my family, and painting pumpkins with friends.

Enjoying pumpkin pie at Thanksgiving is an obvious tradition, but I am particularly fond of the seeds.

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Growing up, I sometimes spent Halloween evenings at my friend's house, and her family would always roast seasoned pumpkin seeds. Seems like pumpkins wind themselves into all of the fall memories.

Even though we typically think of round and orange when picturing pumpkins, they come in a wide variety of charac-

Some are white, green, or even speckled. Pumpkins can be warty, oblong, or flatter in shape. There are miniature pumpkins and there are massive pumpkins. You can take a to see the season's largest pumpkins, some over 2,000 pounds!

According to the USDA, North Carolina produced over 45 million pounds of pumpkins in 2024. The majority of pumpkin production in our state is concentrated in the western region, where the climate and lower disease pressure is more conducive to



The Franklin Times

A FALL STAPLE. With so many varieties available, pumpkins are a must for this season.

pumpkin production.

Nonetheless, pumpkins are still grown throughout our region. Who trip to the N.C. State fair doesn't want to lean into autumnal appreciation? We grow them more often for agritourism and ornamental purposes as opposed to consumption.

For our region of North Carolina, the journey to growing your own pumpkins begins with planting anywhere from mid-April to early July.

Pumpkins typically require anywhere from 90-120 days until maturity, depending on the cultivar you are planting.

with about four-six feet needed between each plant and eight-ten feet needed between each row. They also require full sun and moist, welldraining soils with a pH of 6.0-6.5.

Unfortunately, aren't the only ones that enjoy pumpkins.

Common insect pests include squash bugs, cucumber beetles, and squash vine borers.

Fungal diseases such as downy and powdery mildew are also common.

Crop rotation is a good tool to prevent pest issues, and utilizing insecticides and fungicides helps in

managing any issues.

Drip irrigation is also a good option as opposed to overhead watering to avoid disease.

Once your pumpkin is ready for harvest, indicated by even coloring and hardening of the rind and stem, cut the stem, leaving at least three inches. Make sure not to pick up the pumpkin by the stem, which can damage it and cause it to go bad faster.

maximize To pumpkin's shelf life, make sure to cure it. This process further hardens the rind and stem, and it includes keeping the Pumpkins need space, pumpkin in a warm environment, around 80 degrees F, with good air flow for 7-10 days. Curing will help your pumpkin last up to three months.

You have lots of options when it comes to this fall fruit. You can choose how you obtain the pumpkin, the color, size, and how you use it.

Whatever you choose your pumpkin experience to be, you are sure to embrace the fall spirit!

For more information questions, contact Franklin County Cooperative Extension Office at 919-496-3344, Ag Agent, Alejandra Martinez.

See The Franklin Times

for future local articles

from NC Cooperative

Extension.



Pumpkin is an incredibly nutritious food. It's nutrient dense, meaning it has lots of vitamins and minerals and relatively few calories.



Extension Family & Consumer Science Agent

One cup (245 grams) of canned pumpkin provides: Calories: 137, Protein: 3 grams, Fat: 7 grams, Carbs: 19 grams, Fiber: 7 grams, Vitamin A: 209% of the Daily Value (DV), Vitamin K: 37% of the DV, Copper: 28% of the DV, Vitamin E:

22% of the DV, Iron: 18% of the DV, Magnesium: 13% of the DV, Riboflavin: 10% of the DV, Vitamin B6: 10% of the DV, Vitamin C: 10% of the DV, Potassium: 10% of the DV

It also contains smaller amounts of several other nutrients.

The vitamin A contained in pumpkin is actually in the form of vitamin A precursors beta carotene and alpha carotene. Your body can turn these powerful antioxidants into vitamin A after you consume them.

Due to high amounts of carotenoids in pumpkin, one of the health benefits of pumpkin is that it is an antioxidant. Carotenoids are compounds that function as antioxidants, which fight free radicals that cause oxidative dam-

Ways to Eat Pumpkin

Pumpkin is popular in pancakes, pies, custards, and muffins, but it also works well in savory dishes.

You can cook it into a soup or roast it with other vegetables. Canned pumpkin can be combined with coconut milk and spices to make a creamy curry base.

You can also eat other parts of the pumpkin plant. Its seeds can be roasted for a crunchy snack or salad topping. This time of the year comes with varieties of pumpkin flavored drinks and baked goods.

Be mindful that just because pumpkin is in the title doesn't necessarily make it healthy. Drinking pumpkin spice drinks, and baked goods often doesn't mean they have any pumpkin in them, they are only flavored with pumpkin pie spice.

Preserving Pumpkins

Pumpkins are a seasonal treat that you typically can only purchase during the fall season. If you are a pumpkin lover and you would like to be able to enjoy it for longer than one season here are ways that you can preserve pumpkin.

Freezing Pumpkin:

• Freezing is the fastest and best way to preserve pumpkin – this method changes the texture the least.

 Select mature pumpkins with smoothed-textured flesh; avoid stringy or dry pumpkins.

 Cut into chunks and remove seeds. Boil, steam, pressure cook or bake until soft.

• Once cooked, scrape the flesh from the rinds and

 Place the mashed pulp into a pan and set pan in cold water and stir. Once cool, package in freezer containers (leaving ½"headspace) or freezer bags (pressing out all of

Canning:

the air) and seal.

• Pumpkin is a low acid food (pH > 4.6) that requires pressure canning for proper processing to reduce the risk of botulism.

• The form of the pumpkin is important, mashed or pureed pumpkin should not be canned, as there are no current tested recipes for pumpkin in this form.

• Slice or cube pumpkin no larger than 1" and boil for 2 minutes before filling jars, fill with the boiling water to the proper headspace.

• Find tested home preserved pumpkin recipes at the National Center For Home Food Preservation website, nchfp.uga.edu.

Drying:

• To dry seeds, gently wash them to remove all of the pumpkin flesh and stringy matter.

• If using an electric dehydrator, dry at 115-120°F for 1

-2 hours. Pumpkin seeds can also be dried in the oven on the lowest setting; it will take 3-4 hours. Check and stir often during oven-drying so they do not burn.

• To dry pumpkin flesh, cut into 1"x 1/8" strips and blanch. Use an electric dehydrator at 125°F for 8 -10 hours until tough or brittle. Oven drying is not recommended. • Make sure seeds or flesh are completely dry before

storing. Once cool, place in a bag or jar and seal. If moisture accumulates in the bag or jar, remove and continue drying. Moist pumpkin will rot during storage.

• Store the seeds in a dry, cool, dark area. The cooler the area the longer the storage. Most dried foods are good or 4 months to a year.

For more information about Family & Consumer Science topics, contact Franklin County Cooperative Extension, 919-496-3344, FCS Agent Dominque Simon.

References: healthline.com, NC State Extension-Home Food Preservation.





